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Clockwise from top left: Stephanie May, Annali Lazowski, Janice May, Mike May (holding Lisa May), Jared Flett and Will Weizenbach pose at Rexall Place on Sunday. The Oilers fans are extremely happy to hear the National Hockey League lockout is coming to an end. For more, see pages 3 and 17. HEATHER MCINTYRE/METRO

'An inspiration'

Ex-PM Paul Martin has high praise for Attawapiskat Chief Theresa Spence as her hunger strike nears the one-month mark PAGE 7

What's in a name?

The Palestinian president has ordered his government to change the name of the Palestinian Authority to 'State of Palestine' PAGE 9

A breakfast that'll have you waking up extra early

This four-step recipe will help you create a mouth-watering strata layered with mushrooms, spinach and sausage PAGE 15



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Fans learned to cope

Saturday night's all right for reading

Watching movies. Reading books. Studying. Complaining.

As the NHL lockout dragged on over the past four months, hockey fans found a variety of activities to fill the time they would have typically spent watching the game.

A self-professed one-dimensional sports fan, Julian Aiuto cancelled his cable TV in September because he used the boob tube solely for watching hockey.

He's spent the past 113 days dedicating himself to other interests.

"I recently bought an iPad so I've been reading a lot of ebooks and just learning a lot more stuff, trying to do stuff that's more productive than (being) glued to a TV watching a bunch of millionaires playing hockey," said Aiuto, with a laugh.

Aiuto plans to keep his cable cancelled and tune in to hockey at pubs once the shortened NHL season resumes.

"At this point, I'm not ready to take back my TV," he said.

"I just found other stuff to occupy my time. And I haven't really missed hockey as much as I thought I would."

While the lockout has meant fewer distractions for post-secondary student Annali Lazowski, she's ready to welcome the NHL back.

"(Hockey) can break up the routine of studying," she said.

Avid fans Mike and Janice May have missed the Oilers, but they've also been busy with their 10-month-old daughter Lisa.

"I've been playing with a baby," Mike said Sunday.

ANNALISE KLINGBEIL/METRO

Countdown to puck-drop. Oilers fans are raring to go

Some may be planning to boycott the NHL, but there are plenty of people in Edmonton who are more than ready to pull on their jerseys and turn their attention to centre ice.

News of a tentative collective bargaining agreement greeted fans as they woke up Sunday, signalling an end to a lockout lasting more than 100 days.

Oilers season-ticket holder Jared Flett, who also has a mini-pack for the Oil Kings, said he always expected there would be a truncated season.

"There was too much money left on the table," he said. "They're still going to make playoff revenue and they're going to have a 50-game season still."

Fans react on Twitter

- @FakeDarylKatz: As a gift to my beloved Oil fans. I'll have my buyouts submitted the minute I am able to. Time to cut off the parachutes. #yeg #NHLlockout
- @Albertadad: #NHL is back does that mean Hemsky is hurt? #Oilers #yeg
- @shawnbryan: Moved from

#Barrie to #YEG. 1 good thing about the #NHLlockout? Gave me time to get used to cheering for @hallsy04 ! Got @ebs_14 jersey tho!

- @RaymieLL: I'll forgive the #nhllckout if the @EdmontonOilers do another post-strike Stanley Cup run. #yeg #oilers #nhl

• @rdcloutier: Those of you planning to boycott the #NHL: #Oilers first home game will be 1st NHL game for Yakupov and Schultz. #Yeg will be going crazy.

• @Shooter33: I'm OK with the #NHL back in business. I live in #yeg Looking forward to seeing #edmontonoilers at #rexall #fun

It was a long wait for Stephanie May and Will Weizenbach, who attend about half-a-dozen games each year, but they filled the void by watching Oilers players lead other

teams in the world juniors and Spengler Cup, said May.

And while it remains to be seen how well the league will fare after the work stoppage, it seems some fans will

forgive — even if they don't forget.

"I'm excited," said Amanda Meyer, "but so disappointed it took so long."

HEATHER MCINTYRE/METRO

Lockout's end has businesses rejoicing

NHL. Bars and jersey sellers are eager to see a return to the ice

RYAN TUMILTY
ryan.tumilty@metronews.ca

Oilers fans aren't the only ones celebrating the end of the NHL lockout, as local businesses are ready to cash in on hockey supporters' joy.

At the Jersey City store in Kingsway Mall, sales associate Stephen Klute said they had to cut prices on a lot of NHL jerseys to get them out the door.

"It wasn't moving otherwise," he said. "A few people came in and said they weren't going to support the NHL by buying their merchandise."

He said the jerseys of top players like Taylor Hall and Ryan Nugent-Hopkins are reliable sellers, but with the season back on he expects a new big draw.

Game count

- The lockout lasted a total of 113 days, wiping out hundreds of games along with the all-star game and the outdoor Winter Classic.
- The NHL has not made an official announcement on when a new season will start, but it is expected to begin quickly with a 50- or 48-game run.

"Yakupov," Klute said confidently. "You can pretty much take that one to the bank."

At the Pint downtown, the news of a return to hockey was greeted with enthusiasm.

"We are pretty excited," said bar manager Deborah Strawberry.

She said weeknights have been much slower for the bar without anyone to come in and watch the games.



Stephen Klute hangs an Oilers jersey on the rack at the Jersey City store in Kingsway Mall. Klute said after a difficult fall he expects fans will be buying up Oilers gear again soon. RYAN TUMILTY/METRO

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Insp. Dan Petri of the Edmonton Transit System scans an array of monitors to see the entire LRT system at a glance. The transit operations centre is undergoing renovations and an expansion this year. RYAN TUMILTY/METRO

Operations centre sees whole transit system at a glance

Edmonton Transit System. Operations Centre getting an upgrade this year

RYAN TUMILTY
ryan.tumilty@metronews.ca

Inside the operations centre of the Edmonton Transit System, you can hear the rumble of both the cars and buses overhead and the trains running below.

With an upgrade and expansion of the centre taking place this year, Metro toured the facility before Christmas — and before the beating death of John Hollar on an LRT car — to see how the system works.

Almost every square inch of the small centre is covered with screens showing train locations, delays and problems with buses from video cameras that scan virtually every inch of the system.

The largest screen in the room shows the location of every LRT car in the system, in real time. It allows Insp. Dan Petri and his colleagues to see the whole system at a glance and to stop trains if they are getting too close to each other.

Most of the time, operators can see far enough ahead to keep a safe distance, Petri says, and they do get a red light in the tunnels if they are getting too close. But, as a backup, he also has the power to stop them.

“Out on the open, it is not as big a concern, but in the tunnel section with the curves, it is harder to see,” he says.

Between the radio calls, the big system board, video cameras and the other screens, the operation can be a challenge to adapt to, Petri said, but gradually one gets used to it.

Growing ridership

- The transit-centre upgrades are being done before the opening of the NAIT line in 2014.
- Transit use in Edmonton grew by more than 60 per cent between 2000 and 2009.

“We train our eyes to look at certain things. You can’t watch it all or it gets brain-numbing. You watch certain parts of it and you (attune) your ears to listen to certain information.”

Across the room, Insp. Pepito Tabelon monitors the hundreds of buses on city streets at any given time.

When a driver calls in with concerns that a cement truck at the Northgate Transit Centre is blocking a lane, Tabelon pulls up video of the site, sees the truck and dispatches an inspector to deal with the log-jam.

Problems like that are relatively straightforward, but at busier times — such as during winter storms — things get hectic, Tabelon says.

The last storm was a gong show, he says, and the busiest he’s ever seen the centre.

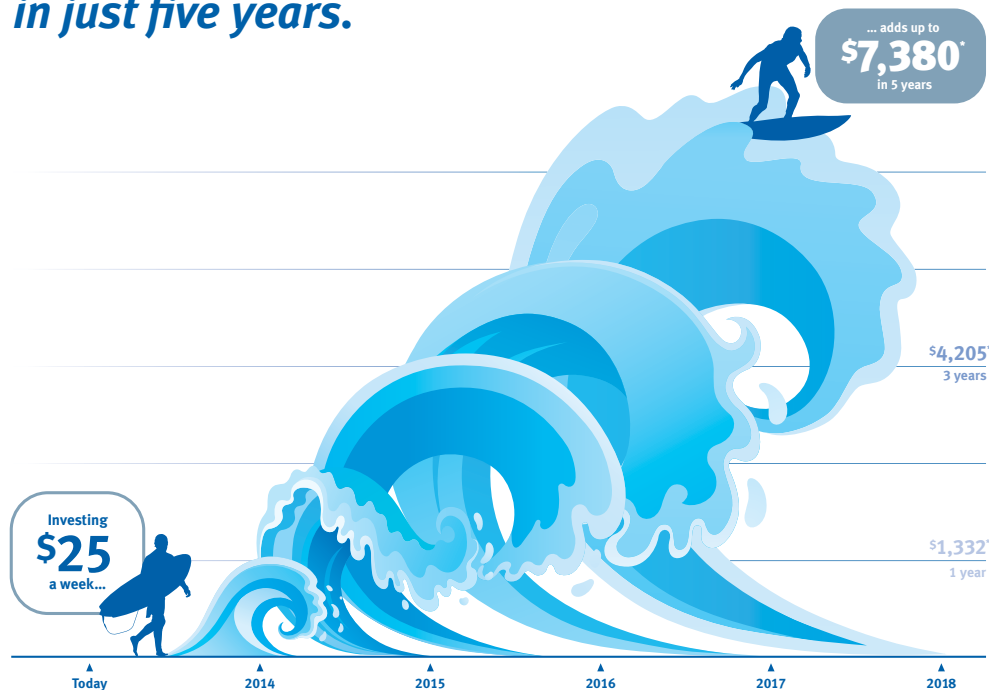
“We had so many buses stuck and we didn’t have enough resources to get people out,” he says.

David Warhaft, who as safety operations co-ordinator oversees the room, says the challenge in the upcoming move will be to keep the system running while changing it over.



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Snowy collision

Accidents close Highway 881

Two collisions shut down Highway 881 on Sunday at kilometre marker 159 and kilometre marker 120.

By late afternoon, Lac La Biche RCMP said the road had reopened at kilometre marker 159, where officers were dealing with a fatal collision.

The highway remained closed at marker 120 and was expected to be closed into the early morning, due to a collision involving a propane truck.

Police say many highways in Lac La Biche County are covered with snow and black ice, and drivers are urged to use extreme caution.

METRO

Villeneuve

Road conditions possible factor in double fatal crash

Two people were killed on Sunday in a head-on crash near Villeneuve.

Morinville RCMP were called at about 1 p.m. to the crash on Highway 44 between a northbound minivan and a southbound SUV. The driver and lone occupant of the minivan was killed as well as a passenger in the SUV.

Two other people in the SUV were also taken to hospital.

Police don’t believe alcohol or speed were factors in the collision and say road conditions may have played a role.

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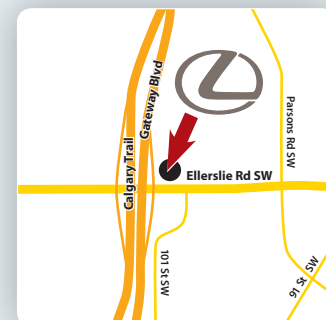
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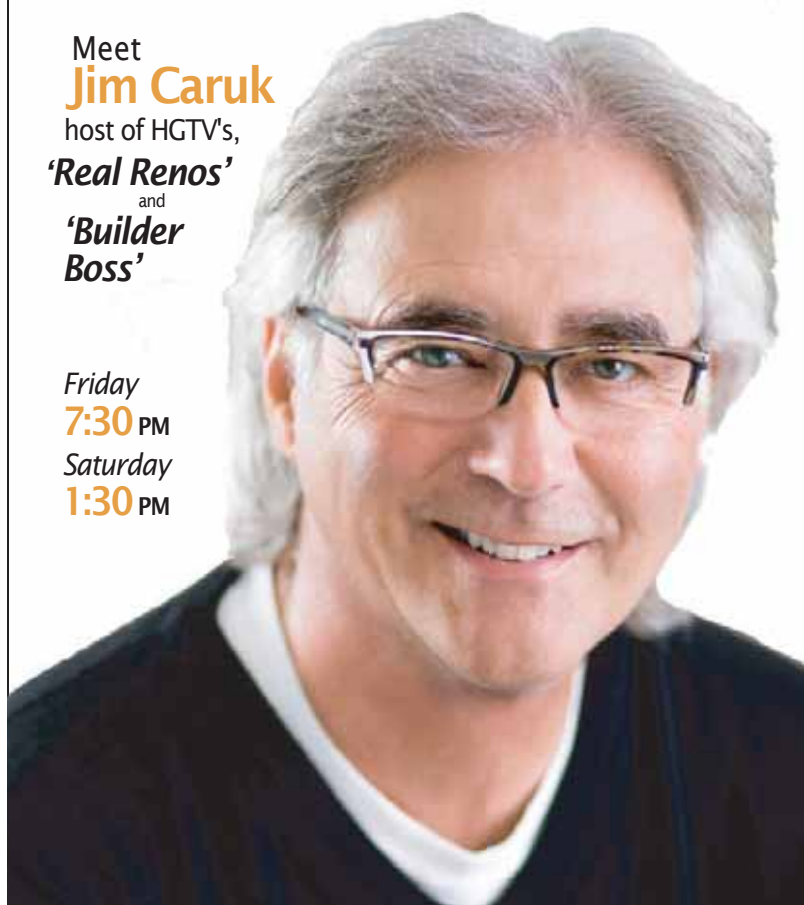
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Chief Rod Knecht believes the efforts of police, government and agencies will help the vulnerable. RYAN TUMILTY/METRO

Police chief aims to help 2,000 troubled citizens

Frequent visitors.

Chief Rod Knecht plans 'assessment centre' to stop same people cycling through system

ANNALISE KLINGBEIL

annalise.klingbeil@metronews.ca

Edmonton's Police Chief is hopeful the combined efforts of police, government and social agencies will help the city's homeless, addicted and mentally ill this year.

Rod Knecht has been struck by the number of vulnerable people in Edmonton during his

Cries for help

35,000

The number of calls for service to the police per year from mentally ill, addicted and homeless Edmontonians. The average call takes 104 minutes.

18 months as the city's top cop.

"It's the same group of about 2,000 individuals that are being cycled through the system continually," Knecht said in a year-end interview with Metro in late December.

In November and December, Knecht met with social service agencies and various levels of government to discuss a co-

ordinated effort to keep these people off the streets and out of the criminal justice system.

Knecht envisions a central intake facility he calls an "assessment centre," which would bring together the efforts of agencies, police and emergency responders.

"It's coming together and I hope the strategy comes to fruition here early in (2013)."

Police officers, firefighters and emergency crews often deal with the same people.

Knecht believes a coordinated effort would get people off the street, less dependent on the system and into a better place.

"I don't know if it's been done anywhere else," he said.

Edmonton Oilers. President bemoans the long-lasting lockout, but looks forward to a breakneck blitz to the end

Oilers president Patrick LaForge said he wished fans didn't have to suffer through the lockout but now is pointed forward looking for a return to hockey.

"I wish none of them had to go through it and watch it, but the good news is we are on the other side of it," said LaForge.

LaForge also thanked Oilers employees, many of whom were seconded to other businesses for the lockout, for their patience.

"We had to lay off nobody thanks to our human resour-

ces group, and I am happy to say this day is here."

LaForge said, as in the last lockout, some of the Oilers staff will likely stay with the companies they have been seconded to, but he hopes all of them will come back.

He said starting up a season, which the team normally plans for months, in a matter of days will be a challenge, but the organization can handle it.

"To just drop the puck and go like this is pretty exciting for us," he said.

RYAN TUMILTY/METRO



Patrick LaForge thanked fans for their patience. RYAN TUMILTY/METRO

Aboriginal chief an inspiration to Canada: Martin



Attawapiskat Chief Theresa Spence holds hands with her daughter Juliette Spence during a press conference outside her teepee on Victoria Island in Ottawa on Friday. Spence has been on a hunger strike for more than three weeks.

SEAN KILPATRICK/THE CANADIAN PRESS

Hunger strike.

Former PM who brokered Kelowna Accord meets with Spence, while Harper says he will meet with First Nations leadership this week

An aboriginal chief who has gone without solid food for close to a month in a bid to force renewed talks between First Nations and the federal government is an inspiration to all Canadians, says former prime minister Paul Martin.

Martin visited Attawapiskat Chief Theresa Spence at her camp on Ottawa's Victoria Island on Saturday.

He told CTV's Question Period Sunday that it was a good meeting.

"I just told her that she'd become really an inspiration for all Canadians and that we were obviously concerned

Weekend protests

Idle No More protests continued over the weekend with groups blocking rail lines and border crossings throughout the country.

- A blockade of Via Rail lines near Kingston on Saturday held up trains on the Montreal-Ottawa-Toronto corridor, affecting about 1,000 people.
- A protest at the Seaway International Bridge near Cornwall, Ont., prompted police to close the border crossing as a public safety precaution.

about her health and that she's got to take care of herself," Martin said.

One of Martin's final acts as prime minister was the brokering of the Kelowna Accord, a deal between the government and First Nations that would have seen \$5 billion in new

spending over 10 years.

The money would have been used to improve education and health outcomes, as well as housing.

But Martin's Liberal government fell and was replaced by the Conservatives under Prime Minister Stephen Harper and the accord was never implemented.

Resetting the treaty relationship was Spence's goal when she began her self-proclaimed hunger strike on Dec. 11, giving up solid foods in favour of a liquids-only diet.

Spence was seeking a meeting between the prime minister, Governor General and First Nations leadership.

Her strike came as aboriginal activists also began a national protest movement called Idle No More in response to the Conservatives' latest budget bill.

The Idle No More movement feels the bill threatens their treaty rights with the changes it makes to regulations surrounding waterways.

THE CANADIAN PRESS

safety agency six months to conduct a risk assessment of the planned expansion of oil pipeline capacity to the West Coast.

THE CANADIAN PRESS

Troubled program

Naval ships under scrutiny

The navy's long-delayed joint support ship

program is expected to come under the political microscope within weeks in what is likely another defence equipment embarrassment for the Harper government.

Documents obtained by The Canadian Press under access to information laws offer a glimpse of a troubled ship program set to deliver less capable vessels than originally envisioned.

THE CANADIAN PRESS



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Coast Guard

U.S. reviews B.C. oil export plans

Concerns in the U.S. over oil tanker traffic from British Columbia have spurred a U.S. Coast Guard review of proposed increases in Canadian oil exports.

A legislative amendment signed into law by President Barack Obama a few weeks ago gives the U.S. marine

Sexual violence. Former B.C. politician weighs in on castration debate



EMILY JACKSON
Metro in Vancouver

Former B.C. premier and MP Ujjal Dosanjh added his voice to the outrage over the brutal gang-rape and murder in India, tweeting that men who can't control their penises should have them removed.

Dosanjh sent a series of tweets calling for castration Friday to make a point about how "ludicrous" it is to blame rape on women's clothing choices.

"Re Delhi gang rape some



Ujjal Dosanjh THE CANADIAN PRESS FILE

say women shud (sic) dress 'appropriately'. I say if men can not control penises, have them removed," Dosanjh said on Twitter.

Dosanjh deliberately used the extreme language to highlight the absurdity of blaming a woman if she is raped, but he doesn't actually support forcible castration or the death penalty, he said.

"It was revolting to hear people in different parts of the world and different parts of India talking about how women can avoid rape if they dress differently or don't go out late at night," he said. "Rape is perpetrated by men — it's not something that a woman ever invites upon herself."

Gang rape in India

- Dosanjh's comments came days after a 23-year-old medical student, raped by six men in Delhi on her way home from the movies, died from extensive organ and brain injuries.
- Thousands have taken to India's streets in protest since the rape, which led to murder charges against five men.



To Russia, with love and money

French actor Gerard Depardieu, left, greets Russian President Vladimir Putin after his arrival Saturday at the president's residence in Sochi, the host city of the 2014 Winter Olympics. Depardieu has received a Russian passport after flying to Russia for a late-night dinner with Putin. Depardieu sought Russian citizenship as part of his battle against a proposed super-tax on millionaires in France, and Putin granted his request last week.

MIKHAIL KLIMENTYEV/THE ASSOCIATED PRESS

Request for troops?

African Union chair to meet with Harper

The head of the African Union is set to visit Ottawa this week.

Thomas Boni Yayi's meeting with Prime Minister Stephen Harper could bring a request for Canadian troops to be involved in an international mission in Mali.

The United Nations Security Council backed a proposal in December to send an African-led force of 3,300 soldiers into the country. **THE CANADIAN PRESS**

Alleged assault

Police look for suspects after cabbie robbed

Police in St. Thomas, Ont., are looking for two suspects after a female taxi driver was assaulted, robbed and left tied to playground equipment early Sunday. She was taken to hospital for minor facial wounds and has since been released.

THE CANADIAN PRESS



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Official name now 'State of Palestine': Abbas

Name change.

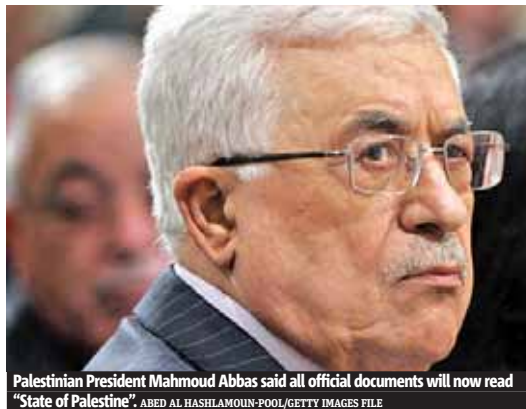
Palestinian president orders Palestinian Authority officially changed after United Nations upgrade

The Palestinian president has ordered his government to officially change the name of the Palestinian Authority to "State of Palestine."

The move follows the November decision by the United Nations to upgrade the Palestinians' status to that of a "non-member observer state."

President Mahmoud Abbas said Sunday that all official Palestinian stamps, stationery and documents will now bear the new name.

A statement from his office said the move was aimed at



Palestinian President Mahmoud Abbas said all official documents will now read "State of Palestine". ABED AL HASHLAMOUN-POOL/GETTY IMAGES FILE

enhancing Palestinian "sovereignty on the ground" and was a step on the way to "real independence." Israel still controls most of the West Bank.

Israel objected to the Palestinian statehood bid at the

UN, calling it a unilateral step aimed at bypassing direct peace negotiations. Abbas denied that.

Israel had no comment Sunday.

THE ASSOCIATED PRESS



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Derks

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Plastic \$20 bill sticks in vending industry's craw

Dispensing dispute.

Machine owners say Bank of Canada didn't give them enough lead time to convert scanners

Thousands of vending machines still can't digest those plastic \$20 bank notes the government released two months ago, with machine owners blaming the Bank of Canada for their problems.

As many as half a million machines that scan bank notes needed reprogramming to accept the radically redesigned \$20 bills, the most popular denomination in Canada.

Some 145 million polymer \$20 notes have been put into circulation since Nov. 7, one of a series of new plastic notes in-



The new Canadian \$20 bill is part of a series of plastic notes intended to last longer and be more challenging to counterfeit. By one estimate, less than half the vending machines in the country are currently programmed to accept the new \$20 bill. BANK OF CANADA/THE CANADIAN PRESS

tended to thwart counterfeiters and last much longer than their paper-cotton predecessors.

Kim Lockie has been converting his 1,200 machines in Fort McMurray, Alta., full-time for two months, but still has about 300 to go.

"I would think less than half the machines in Canada would

accept this bill right now," says Lockie, an official with the Canadian Automatic Merchandising Association. "As a small business, I am losing money."

Lockie blames the Bank of Canada for failing to heed three years of warnings from owners that they needed a long lead time to recalibrate their vend-

Quoted

"The Bank of Canada didn't really even talk to us in the last three years. It seems like they have no desire to work with us.... Tough luck for our industry."

Kim Lockie, an official with the Canadian Automatic Merchandising Association

ing machines before the official release of the new bills.

The Bank of Canada rejects the criticisms, saying its officials have worked closely with the sector, providing vending-equipment manufacturers with sample bills months before the official release so they could create the right software.

THE CANADIAN PRESS

Detroit. Chevy Sonic symbolizes industry's surprise comeback

When the word reached the Orion Assembly Plant, it spread along the serpentine assembly line like news of a death or natural disaster: General Motors, the biggest automaker in the world, had filed for bankruptcy protection.

On that grim day in 2009, Chevrolet and Pontiac sedans kept rolling down the line. And 1,700 worried workers stayed at their stations even as GM announced it would close the Michigan plant in a desperate bid to survive.

But the workers didn't know they were witnessing the opening act of one of the greatest recovery stories in American business.

Nearly four years later, Chevrolets are still moving down the assembly line under the 82-acre roof. The

By the numbers

790,000

U.S. automakers have made a remarkable recovery. Nearly 790,000 people now have jobs building cars, trucks and parts, up 27 per cent from the dark days of 2009.

plant now builds the Sonic, the bestselling subcompact car in the nation. It's a vehicle no one thought could be made profitably in the U.S., by a company that few people thought would last.

But GM has not only survived, it has earned \$16 billion US in profits in the past three years. And the industry is on track to make this year its best year since 2007.

THE ASSOCIATED PRESS

Alaska

Shell will attempt to tow grounded oil-drilling ship

Royal Dutch Shell PLC will try to move its grounded drill ship out of the worst of the North Pacific's fury with a towing attempt when conditions allow.

Shell incident commander Sean Churchfield said at a news conference Saturday that naval architects have pronounced the Kulluk fit to be towed. The attempt will depend on weather, tides and readiness. "I can't offer you firm times. Right now, the preparation for the tow depends on the weather and operational constraints," he said. "We will be looking to move the vessel as soon as we are ready and able."

THE ASSOCIATED PRESS

Hostess bankruptcy

Bidders line up for Wonder Bread

The makers of Thomas' English muffins and Tastykake snacks are emerging as two of the bidders for Wonder Bread and other Hostess bread brands as the company tries to sell off its assets under bankruptcy-court oversight, a newspaper reported Saturday.

The Wall Street Journal said Hostess Brands Inc. could reveal as early as next week that Flowers Foods Inc. and Grupo Bimbo SAB are in discussions to acquire its bread brands. Hostess announced in November that it was shutting down its business and selling its bread, snacks and cakes brands along with its 33 bakeries and other operations.

THE ASSOCIATED PRESS

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MAYORAL HOPEFULS KEPT IN CHECK



**URBAN
COMPASS**
Terence Harding
edmonton@metronews.ca

Shortly before Christmas, our mayor was asked if he was going to run again come this October. He indicated that he didn't know if he would or not. As far as I know, he has yet to answer

that question one way or another.

If memory serves me well, when he first ran he indicated he would only serve two terms. That made sense to me. If you can't achieve your goals in six years, you're probably never going to achieve them.

But as we all know, those two terms grew into three terms and we have had the same mayor for the last nine years. If he were to be elected again, it would mean he would be mayor for another four years.

Thirteen years is a long time for anyone to be in the same office with the same duties and responsibilities, but more importantly with the same abilities or lack of them.

Stalling for the win

The longer the mayor takes to announce his intentions, the more difficult it is for any challenger to raise the money necessary to run a credible campaign.

If the mayor has already decided if he is going to run or not run, why would he be cagey about it? Well, to answer that question you have to look at the nature of civic politics. It is very difficult to unseat an incumbent at any level in municipal politics. Winning is not about merit or vision. It is all about name recognition and money.

The longer the mayor takes to announce his intentions, the more difficult it is for any challenger to raise the money necessary to run a credible campaign. The race may not always be to the swift or the battle to the strong, but that's the way the smart money bets.

It will only be if and when the mayor announces that he is not going to run that anyone is going to pony up the money it is going to take to get a challenger elected. Remember, this mayor's last campaign costs ran about \$750,000.

If the mayor has already decided not to run, there may be another reason for his silence on the issue. He may have decided on whom he would like his successor to be and has let him or her know his intentions privately. Doing so would allow that person to start putting a campaign together and raising money before anyone else has a chance to.

So will the mayor run again or not? Perhaps we will all find out in the next few weeks.

Lupine loner

My, what a big following you have, Mr. Wolf

He doesn't like busy Interstate 5 or eating cattle, at least so far. He gets along with his distant cousins the coyotes, likes to swim and roams a lot — an awful lot — around the northernmost reaches of California.

A week or so ago, California's lone grey wolf passed his one-year anniversary as a transplant resident with the same technical accoutrements some people possess: A Twitter account and an online site about his travels.

"What strikes me about him is that when I talk to the general public they show remarkable knowledge about his movements,

much more than some world events," said Richard Callas, a senior environmental scientist with the California Department of Fish and Wildlife.

"No matter how you feel about wolves, when you see one it's amazing," he added.

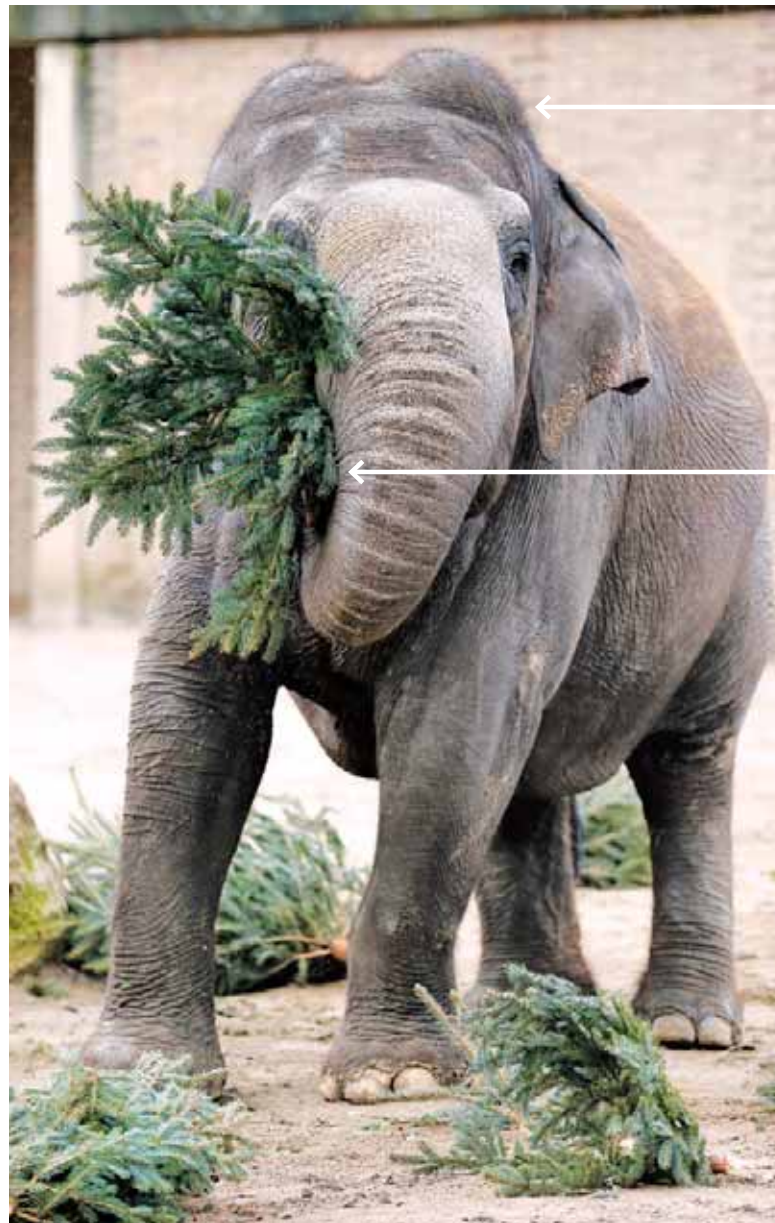
California's wolf trotted 1,600 kilometres from northeast Oregon to California, then more than 3,200 kilometres since arriving.

Scientists speculate he's looking for a mate or a new pack, though they know both prospects are remote. He is believed to be the first wolf to roam within state boundaries since 1924.

His presence has prompted action by one state and two federal agencies that now have to figure out how to manage the species if others follow in his 12.5-centimetre paw prints.

THE ASSOCIATED PRESS

He's got room for leftovers!



Post-seasonal feast

Elephants eat up Christmas trees

Elephants at the Berlin Zoo finally got their trunks on Christmas dinner: A clump of unsold pine trees. Pachyderms young and old played with the plants Friday, before devouring them after catching the trees' strong smell. One elephant ate more than 150 kilograms of trees in one sitting. METRO WORLD NEWS

Gentle diners

"They don't just poke the tree into their mouths. ... They gently pluck the branches."

Berlin Zoo elephant keeper Ragnar Kuehne

Pine-tuned recycling

MissileToe rocket is a real cracker

Feeding elephants is not the only way to get rid of unwanted festive trees. A team of U.S. inventors recycled a Christmas tree by turning it into a rocket. The XMS MissileToe comprises one tree, 32 rocket engines powered by a car battery, baubles and a star ornament. METRO WORLD NEWS



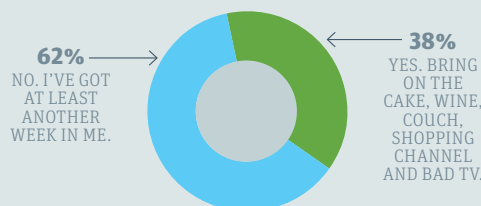
A screengrab of the Christmas tree rocket. YOUTUBE/ROCKETCHRISTMASTREE

GETTY IMAGES



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Have you already given up on your New Year's resolution?



Twitter

@anmolmd:

Would you watch #NHL this year? R U still loyal coz of #NHLlockout ? I am not sure! They need 2 earn my business. #yeg #yyc #flames #cdnoli

@kimberleydeley:

When did Edmonton become The City of Horn Honkers? Have some patience! #yegtraffic #yeg

@trisaraahtops:

edmontons weather has been

beautiful for the past week. i hope it continues to be this warm #yeg

@KimmieQ10:

Had a fun day of taking photos of #yeg At the leg grounds and of #yegsa Love my new camera!

@Tymmarah:

Above zero in Edmonton today!! Not bad for early January. #YEG #WinterCity

Howes teams with Murdoch for a Churchill whodunit

Guest appearance.

Downton Abbey actor plays a pre-PM Winnie who finds himself in trouble in Toronto

ANNE
BRODIE

scene@metronews.ca

Winston Churchill in Toronto under arrest for murder following a blind, drunken night on the town? Could it be? He often visited the city, which pays tribute to him in school names, memorials, statues and academic societies.

Ryerson's Life Institute offers courses on his remarkable life. CBC's Murdoch Mysteries has him walking our streets once again, played by another familiar Englishman: Thomas Howes, Downton Abbey's ill-fated second footman William Mason. But murder? We visited Howes on the north Toronto set:

What kind of man is your Churchill?

Churchill is a young man, very active, tall and he's just had the Battle of Omdurman and the war of the Boers and it's been a very active time in his life.

We start in 1909 when he's doing these lecture tours in Britain and the States and Toronto.

And that's where we find him, with Murdoch. It's turn-



Thomas Howes, left, guest stars on Murdoch Mysteries next Monday. SHANE MAHOOD

ing into the new century, 1900, described as The Hangover of the 1900s.

He has no memory of the night before. But we find him drugged in this hotel room with the dead body of his best friend and he goes around with Murdoch trying to recall the memories he's lost and recall whodunit because it looks like it could be him. So he's trying to piece together the answer to the mystery.

You are covered in (fake) blood as we speak. Doesn't look good for Churchill.

Well that you'll have to wait to find out why because it could be he killed this guy or it might be some other reason, but he's got the fellow's blood all over his hands.

I understand there was some drunken swordplay.

We had a great day yesterday (on Murdoch) because

Emmanuel, who plays Al, and I wanted to do our sword fighting scene ourselves.

We didn't think we'd be allowed to but we were. They got shots with professionals doing some key bits of the sword fighting, but everything else they let us do ourselves! There is going to be a lot of us in the thick of it.

Ever since drama school, I've been falling down trap doors, hanging on ropes, foot-

Watch

Murdoch Mysteries premieres on CBC Television tonight. The episode featuring Thomas Howes airs Monday, Jan. 14 at 9 p.m.

Downton Abbey's new season is now airing Sunday nights on PBS. Vision is currently airing Season 1 on Wednesdays. It will air Season 2 starting in February and Season 3 in April.

ball, which I'm no good at, running around the trenches with guns and now sword-fighting. But I love all that. I really do. I relish it. I always get the stunts. They always give me stuff that should be done by dashing young hero types, but they love to see me in those situations.

Downton Abbey's given you a big career boost. How has it changed things?

It has. I have credits before this, but they were all stage. I wasn't sure if I would ever do anything on telly, but Downton came along and recently it's all been screen work. I'm juggling both at the moment. It did me a huge favour. A lot of the offers I get now are just off the back of that and I probably only got Murdoch Mysteries because of Downton, because it's quite popular here too. It was big in Britain and huge in the U.S. and here.

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Derks

metro
News worth sharing.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Celebrities who have had a rough start to 2013



THE WORD

Dorothy Robinson
scene@metronews.ca

January is shaping up to be a bad month for these stars.

Is it the weather? The new year? Holiday hangovers? Seasonal effective disorder? Whatever it is, something is happening this month with celebrities and the law.

Over the weekend, TMZ.com posted photos of Justin Bieber smoking what appears to be marijuana. But the singer is trying to take the controversy in stride.

"Everyday growing and



learning. Trying to be better. (You) get knocked down, (you) get up," Bieber posted to his fans on Twitter. "Back on tour tomorrow. Ready to see (you) all smile. Time to do what I'm supposed to be doing. Performing."

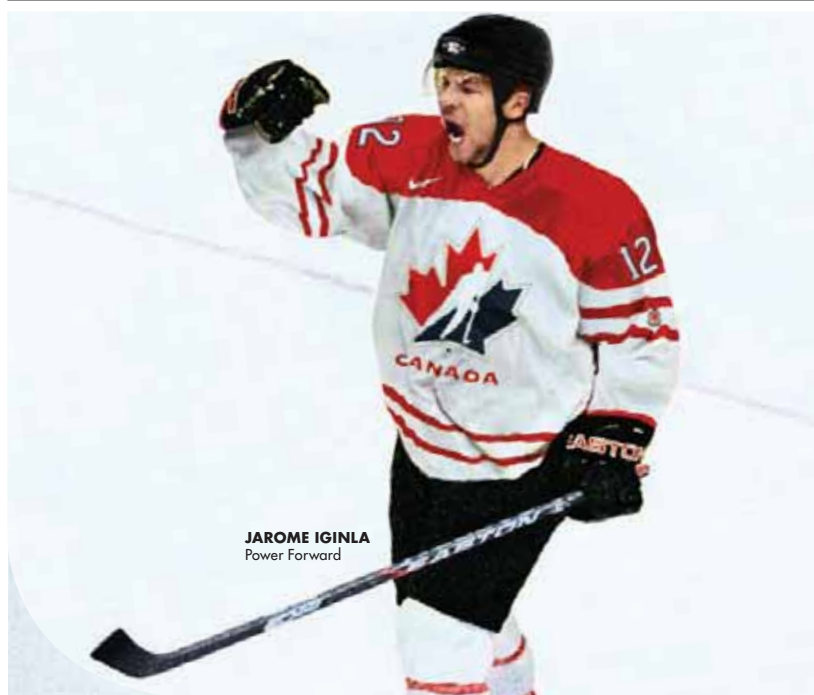
Josh Brolin, who is no stranger to getting into trouble in bars while drinking, was arrested at 11:30 p.m. on Jan. 1 for public intoxication outside a Santa Monica, Calif., bar, according to E! News.

"He was intoxicated and unable to care for himself," a police spokesman says. "He was booked and released with no further action pending." If his mugshot is any indication, Brolin wasn't too thrilled about the ordeal.

Criminal Minds and Dharma & Greg star Thomas Gibson was arrested Sunday morning for suspicion of a DUI, TMZ reports.

Gibson attempted to drive through a part of downtown Los Angeles that had been sectioned off for a half marathon; he was told he couldn't drive through, but he did anyway.

None to happy about being ignored, the police caught up with him and smelled booze in the car. The actor refused to take a breathalyzer test, but was arrested on suspicion of DUI anyway and taken into custody.



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Mommy trend

Ultrasound party

It seems we're always on the lookout for a novel way to celebrate the arrival of a baby—the latest of which is the ultrasound party. Your family and friends huddle around, drinks in hand, while the mom-to-be gets her belly squirted with jelly by the ultrasound tech.

But though the trend is gaining momentum, it's not for everyone. And, of course, there are unanticipated risks. Say the machine fails to detect a fetal heartbeat? After all, the whole purpose of ultrasounds is to detect abnormalities—they weren't created for the sake of entertainment.

JULIE M. GREEN OF
YUMMYMUMMYCLUB.CA

Organize

Keep those water bottles straight!

Our water bottles always get mixed up on family outings.

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Each family member gets a specific colour.

The bands fit nicely around the water bottle and works even if the bottle is put in the freezer.

This way, nobody gets the cooties by accidentally drinking from her brother's or sister's or mom's water bottle.

EDITH HILLER OF
YUMMYMUMMYCLUB.CA

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- **Uh oh.** Mommy's fridge and your diaper drawer are running on empty, which means it's time for the dreaded trip to the local supermarket. Follow along with the comedic (mis)adventures of mommyhood with Reasons Mommy Drinks online at metronews.ca/voices.



I am a beautiful princess...

Daddy-daughter time.

One father explains why tiaras and fairy wings are teaching his daughter a very important life lesson

JOE
BOUGHNER
Metro World News

Why, yes, I am a beautiful princess. Thank you for noticing.

The list of reasons to explain how I found myself dancing around the living room, sporting fairy wings, a tiara and a wand the other night is a long and varied one. My willingness to do almost anything to make my daughter laugh is, admittedly, chief among them. My desire to seize upon any opportunity to reinforce the importance of sharing is too (we've been struggling with sharing lately, so when she offered to share her tiara, who was I to say no?).

In fact, if I'm being honest, the chance to engage in a little gender-bending play, thus normalizing the sight of a man doing a typically girly thing, was nowhere near the top of my mind as we bounced and laughed and sang along to Toopy and Binoo Christmas carols. But the more I think about stuff like this, the more important it seems.

It seems — in a lot of ways



One dad is using dress-up time with his daughter to teach her acceptance. ISTOCK

— girls have it easier when it comes to going against gender norms. Girls doing “boy” things — playing in the dirt, enjoying science, etc. — are a common sight these days. Boys doing “girl” things, though? That's another story.

So, while we may have gotten off the hook with our daughter in this respect (don't worry, there are plenty of other

reasons to be terrified of parenting a girl instead of a boy), I still feel something of an obligation to make sure that my daughter isn't part of the problem, should a boy in her class or peer group be inclined to wear nail polish or take ballet.

My kid is smart and sweet and sensitive, but, then again, so was I. And even if I didn't grow up picking on and teasing

the boy who took dance or the other one who did gymnastics, I wasn't really rushing to their defence or even hanging out with them, either. Because, to me, it was just weird. Picking dance over hockey was weird. Picking gymnastics over basketball was weird.

I didn't accept it, I tolerated it. Frankly, that's not enough. Tolerance suggests there's



Joe Boughner, who plays dress-up with his daughter. SUBMITTED

something outside the norm that one has to tolerate. I don't want my daughter to tolerate this sort of thing. I want her to grow up oblivious as to why something as inconsequential as a boy wanting to wear a dress would ever even be an issue to anyone.

I'm not delusional here. I don't for a second believe that my willingness to wear fairy wings and a tiara will magically erase stupid biases and preconceived notions of appropriate play for boys and girls for an entire generation. Hell, I don't even believe it will have that effect on my daughter. There are still way too many people and products out there reinforcing gender expectations.

But I do believe that every little bit helps. So, if my kid asks me to wear a tiara, I'll wear the tiara.

And, frankly, I think I pull it off. YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD

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Derks

Tasty layers of mushrooms, spinach and sausage in strata

Also called a "wife saver" (or a "husband saver" in some families), this make-ahead dish is a great way to start the morning. Old Canadian Cheddar, eggs and crusty sourdough are the perfect backdrop to mushrooms, spinach and crumbled sausage. It's gourmet breakfast.

Ingredients

- 1 tsp (5 ml) butter
- 12 oz (400 g) Italian sausages (about 3), casing removed and roughly chopped
- 1 lb (500 g) mixed wild mushrooms, stems removed and sliced
- 8 green onions, white part only, thinly sliced (1/4 cup/60 ml)
- 3 cups (750 ml) lightly packed fresh baby spinach
- 4 large slices (1/2-inch/1 cm thick) day-old sourdough bread
- 6 eggs
- 3 cups (750 ml) milk
- 1/2 tsp (2 ml) salt and pepper
- 1 tbsp (15 ml) Worcestershire sauce
- Dash hot pepper sauce
- 2 cups (500 ml) shredded old Canadian cheddar cheese



Serves six to eight. THE CANADIAN PRESS HANDOUT

all in one dish.

1. Butter a 13 x 9-inch (3 L) glass baking dish and set aside.

2. In skillet, melt butter over medium heat. Add sausage and fry, breaking up bits with a wooden spoon for about 5 minutes or until lightly browned and beginning to cook through. Spoon off any excess fat. Add mushrooms and cook, stirring occasionally, 10 minutes

or until soft and beginning to brown and sausage is no longer pink. Add onions and spinach and stir until everything is mixed and glossy. Remove pan from heat and let cool slightly.

3. Layer bread slices over bottom of dish. Spoon sausage mixture over bread. In a blender, combine eggs, milk, salt, pepper, Worcestershire, and hot pepper sauce and blend until smooth. Pour mixture

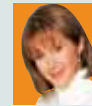
evenly over sausage mixture. Top with Canadian cheddar cheese. Cover dish with plastic wrap and refrigerate for 8 to 12 hours.

4. When ready to serve, pre-heat oven to 350 F (180 C). Uncover dish and bake strata for 50 to 60 minutes, or until puffed and top is crispy and golden. Let stand for 10 minutes before serving.

DAIRYGOODNESS.CA

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Soul-warming soup is just the thing for the winter blues. Tim Hortons has a delicious variety, but some of the options come packed with calories, fat and sodium.

Tim Hortons Chili

290 calories/ 16 g fat/ 1,310 mg sodium

Chili can vary greatly in nutrients. The fat comes from fattier beef and oil. The salt is close to your day's intake and comes from canned beans and canned tomatoes.



Equivalent

One Tim Hortons Chili is equal in sodium to almost 33 cups of Kernel's original Butter Salt Popcorn.



Tim Hortons Cream of Mushroom

150 calories/ 3 g fat/ 740 mg sodium

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The In-Credibility Factor

Name: Sandra Milligan
City: Toronto
Age: 37
Occupation: Founder of Boxx Cosmetics



THE IN-CREDIBILITY FACTOR
 Teresa Kruze
 life@metronews.ca

A car crash at the age of 19 ended Sandra Milligan's equestrian pursuits and her dream of becoming a veterinarian. Turning to a career in the beauty industry, Sandra opened up a successful salon and recently launched a new makeup line called Boxx Cosmetics. Noticing there was a gap in the marketplace, Sandra created a cosmetic line of multi-use products that are infused with skin care ingredients. After eight years of research and development, this beauty entrepreneur is watching her new company grow.

I knew I was on my way when ... I saw my products on the first shelves and in online retail stores. My vision was so clear and it translated how I always envisioned it would. I've



Sandra Milligan founded Boxx Cosmetics after a car crash ended her equestrian dreams. PROVIDED

learned beauty is a personal thing and everyone sees themselves differently. I like that I can help women see what they find beautiful about themselves and then enhance their ability to do it for themselves on a daily basis.

Action Plan

Believe in yourself and create a clear plan on how to execute your strategy

There will always be unexpected hurdles but that's exactly what they are. Go over one at a time and you will learn immensely

from the right or wrong decisions.

Trust your gut reaction if you need to make a quick decision

People love to give opinions and speak about their own experiences. Only you will know what is right for you and your growing company. No one knows it like you do.

Never give up

The road gets far worse than you ever imagined before it gets better — but it will!

Dragon puts his two cents on paper

The O'Leary exchange of advice. Canadian business dynamo Kevin O'Leary pens candid book on managing pennies for all ages



Today, Kevin O'Leary is the chairman of O'Leary Funds, a \$1.7 billion mutual fund company. AARON HARRIS/TORSTAR NEWS SERVICE

As a lead dragon of CBC's Dragon's Den and ABC's Shark Tank, Kevin O'Leary's success with money management and in business is legendary. But he's made mistakes along the way too.

In his new book, *The Cold Hard Truth About Men, Women and Money*, the dragon dishes to all generations about his errors and triumphs and mentors his readers on making money and growing it faster to achieve financial freedom.

Here are two excerpts from the recently released book, both aimed at helping young adults get on their way to a monetary win:

On education and part-time work:

"Your education can be the best investment you'll ever make, or the worst one. It's an expensive and time-consuming undertaking. And make no mistake — it is an investment. It's not a break between childhood and adulthood, or an opportunity to take it easy before real life kicks in. Every dollar you spend on post-secondary education has to be viewed in terms of its financial return. Getting smart costs money, so don't be a dummy.

"I'm going to sound like an old guy here, but when I was in school, kids worked. They didn't spend four to six hours a night on Facebook or playing video games. They worked in bars and restaurants near the campus and they lived with a pile of roommates, some sleeping on a cot in the hallway.

"That's just how it was.

On business, savings and debt:

"I once met a man from Winnipeg. After a few minutes of chatting, I learned that this old, unkempt man owned huge swaths of real estate! This is a man who arrived in Canada with a fistful of papers, a few coins, and who today is a multimillionaire. It blew my mind and I had to get his story.

"The first building he bought was a walk-up. He had saved money and was able to make a 10 per cent down payment. Then he struck a bargain with the bank. In exchange for buying and fixing up this decrepit building, he wanted to pay down as much principal as possible every quarter. The bank, thinking he would never be able to tackle that much, agreed. For the next five years, this man went to war against his mortgage.

About the author

Kevin O'Leary is one of North America's most successful business entrepreneurs

- Kevin founded and built Softkey (later The Learning Company), the global leader in educational kids' software, and negotiated its sale to Mattel for \$4.2 billion in 1999.
- Since then, he has successfully co-founded, funded, and sold numerous companies in a range of industries, including storage, entertainment and finance.

"We ate beans," he said. "Lots of them. No meat. Beans. For years." He burst out laughing.

"But what was his true secret? Market timing? Good money management? Sure. But I think his real secret was: Beans now, steak later. If you have a mortgage, you have debt, and when you have debt, you don't get to have steak. The steak — the reward — comes later. That's the kind of man I admire." METRO

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Deal reached

NHL season saved from the abyss

An agonizingly long series of negotiations needed one final push. Spurred on by tireless U.S. federal mediator Scot L. Beckenbaugh, the NHL and the NHLPA worked through the night to finally set aside their differences and return hockey to the place it belongs.

On the ice.

It almost seemed too good to be true when word started to leak out early Sunday morning that a marathon 16-hour negotiating session had produced a tentative deal to end the 113-day lockout. But then Gary Bettman and Donald Fehr appeared together to share the news.

"Hopefully, within a very few days the fans can get back to watching people who are skating — not the two of us," said Fehr, the NHLPA's executive director, looking as exhausted as everyone else in the bargaining room.

There is still plenty to do. In fact, the sides continued hammering out the final details of the players' new defined benefit pension plan even after the tentative deal was reached around 4:45 a.m. in a Manhattan hotel.

Next on the agenda will be committing every legal point to paper and conducting ratification votes. Both sides are in need of majority support among their memberships, and the still-to-be-determined timing of that process will determine if the shortened schedule ends up being 48 games or 50 games.

"We have reached an agreement on the framework of a new collective bargaining agreement, the details of which need to be put to paper," said Bettman, the NHL commissioner. "There's still a lot of work to be done but the basic framework of the deal has been agreed upon."

THE CANADIAN PRESS

Oilers ecstatic about impending return

NHL. Enthusiasm to get playing extends from management to players

From the top down, the Edmonton Oilers are ready to get going.

Management and players welcomed Sunday's announcement of a tentative agreement between the NHL and the players' association to end the lockout with smiles and a sense of relief.

Oilers NHLPA representative Devan Dubnyk woke up a lot happier man, knowing the lockout may finally be over.

"Oh, very much so," the Edmonton goaltender said. "Now I'm just trying to stay level headed until it's voted on and finished. Obviously it's a huge step and a huge relief. The next process (ratification vote) will take a few days so I just want to stay patient and let it play out."

Oilers president Patrick LaForge was looking forward to welcoming back employees who had been lent out during the four months of no hockey, and to see the stands of Rexall Place again filled with fans. He said the drop-off in season ticket holders this season was about the same as it has been any other year, with or without hockey.

LaForge said there are no plans at the moment to do anything special to welcome back fans or to offer an apology.

Meanwhile, general manager Steve Tambellini is looking forward to a training camp — which could come as early as Wednesday if the two sides vote to ratify the 10-year collective bargaining agreement — and to seeing how the young Oilers have progressed during their time in the American Hockey League and elsewhere.

Tambellini spent much of the last few months monitor-



Oilers General Manager Steve Tambellini speaks to reporters at the Oilers head office in Edmonton on Sunday.
JOHN ULAN/THE CANADIAN PRESS

Highlights of NHL's new deal

- The CBA will run for 10 years through Sept. 15, 2022, with a mutual option to terminate after eight years.
- Players receive a defined-benefit pension plan.
- Owners and players split revenue 50-50 each season, with players receiving \$300 million US in deferred "make-whole payments" to ease the transition from previous system.
- A pro-rated salary cap of \$70.2 million for the shortened 2012-13 season followed by a salary cap of \$64.3 million in 2013-14. The salary floor will be set at \$44 million for both years.
- Seven-year limit on free-agent contracts (eight-year limit when a team signs its own player to an extension).

ing the Oilers who were in the NHL last season, especially those with Oklahoma City of the American Hockey League, including Taylor Hall, Jordan Eberle, Ryan Nugent-Hopkins (until he joined Canada's team for the world junior hockey championship) and newcomer

Justin Schultz.

"Just trying to assess the steps our young players, first year players and guys who have only played a couple of years in the organization, how they're doing," Tambellini said. "I loved the fact that they were playing in the American Hockey

League, which is the same kind of hockey as in the NHL. It was tough for them, it was grinding for them. Their stats were outstanding and now it's time for them to get back to the National Hockey League."

Like many players, owners and fans, Dubnyk found the months without hockey frustrating, although he did play for Canada in the Spengler Cup and he can't wait to get back on the ice with his Oilers teammates.

"It was killing me before and getting a chance to go over to the Spengler Cup and practise and play for a short period of time just made it worse coming back. This last week, after coming back from Spengler, has been really tough," Dubnyk said. "It's made me miss it that much more. I just wish it was tomorrow but we will have to wait a couple more days."

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4 SPORTS

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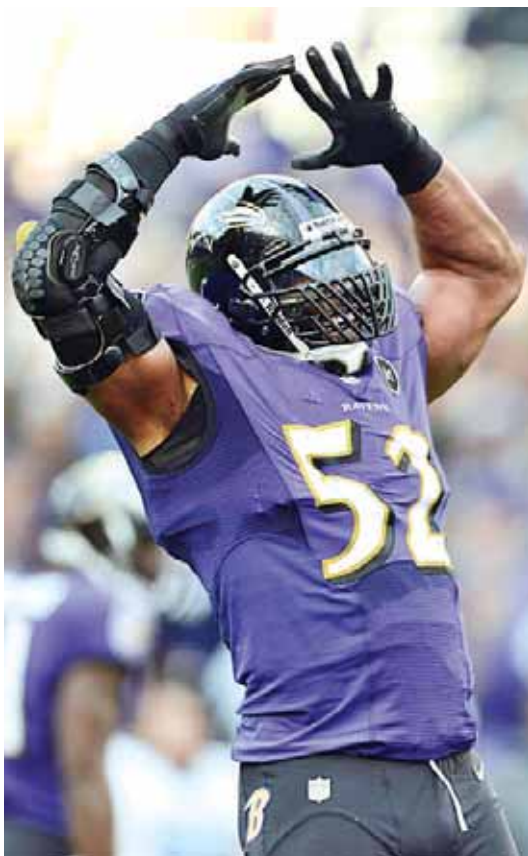
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Ray Lewis of the Baltimore Ravens reacts against the Indianapolis Colts on Sunday in Baltimore, Md. PATRICK SMITH/GETTY IMAGES

Lewis' last ride is taking him through Denver

NFL. Colts' loss ends turnaround season with rookie QB Luck

Anquan Boldin, Joe Flacco and a staunch Baltimore defence made sure on Sunday that Ray Lewis' last ride will take him to Denver.

Boldin set a franchise record with 145 yards receiving, including the clinching touchdown in the Ravens' 24-9 victory over Andrew Luck and Indianapolis in an AFC wild-

card game in Baltimore, Md. The win delays star linebacker Lewis' retirement for at least another week as Baltimore (11-6) heads to Denver next Saturday.

The Broncos beat the Ravens 34-17 three weeks ago.

"I wanted Denver," Boldin said. "Because they beat us."

Lewis, who made 13 tackles, even lined up at full-back for the final kneel-down in his last home game of a 17-year career. He then went into a short version of his trademark dance before being mobbed by teammates.

He followed with a victory lap after playing for the first time since tearing his right triceps on Oct. 14 against Dallas.

The loss ended the Colts' turnaround season, in which they went from 2-14 to the playoffs in coach Chuck Pagano's first year in Indianapolis (11-6). Pagano missed 12 weeks while undergoing treatment for leukemia and returned last week.

Sunday's victory enhanced the Ravens' success rate in opening playoff games. Flacco now has won at least one post-season game in all five of his pro seasons, the only quarterback to do it in the Super Bowl era.

His main target on Sunday was Boldin, who had receptions of 50 and 46 yards, plus his 18-yard TD on a floater from Flacco in the corner of the end zone with 9:14 to go.

THE ASSOCIATED PRESS

Quoted

"I knew how it started, but I never knew how it would end here in Baltimore. To go the way it did today, I wouldn't change nothing."

Baltimore Ravens linebacker Ray Lewis on his last game on home turf.

NFL

Bills turning to Orangemen's Marrone: Sources

Doug Marrone is set to try to turn around an NFL team after improving a college program down the road.

Marrone on Sunday reached an agreement to become the Buffalo Bills' new coach, three people familiar with the negotiations said. One person said the sides were still putting the finishing touches on the contract for Marrone to sign.

The people spoke on condition of anonymity because there has not been an official announcement.

Marrone will replace Chan Gailey, who was fired Dec. 31, a day after the Bills closed their second consecutive season with a 6-10 record and extended the NFL's longest active playoff drought to 13 seasons. The 48-year-old Marrone, who is from the Bronx, went 25-25 in four seasons at Syracuse.

THE ASSOCIATED PRESS



Doug Marrone coaches Syracuse in the New Era Pinstripe Bowl at Yankee Stadium on Dec. 29. GETTY IMAGES

World juniors. Team Canada finds some solace in news of NHL's return

The news for Team Canada went from bad to worse to hmm.

The World Juniors team had been awake for nearly 30 hours — including for their bronze medal loss to Russia and flights to Helsinki and London — when they landed at Heathrow to find out their flight to Canada had been delayed a further 12 hours.

But in the time between landing in London and getting squirreled away for a day in an airport hotel, they received word that the NHL lockout would be ending.

Clearly exhausted after their flights, and frustrated at the delays that would see them getting back home in the wee hours of Monday morning, some perked up at the news they would soon be in long-awaited NHL camps.

"Can't wait," goalie Malcolm Subban said. "I'm tired, but I want to go to camp."

Some gathered around computers that needed one-pound coins to be operated to learn about the contents of the CBA they'd be playing under.

"I guess that's not bad," Leafs prospect defenceman Morgan Rielly said, referring to the cap at seven years for free agents.

Hockey Canada requested that the players not be inter-



Ryan Nugent-Hopkins reacts to his team's loss to Russia in the bronze-medal game on Saturday. THE CANADIAN PRESS

viewed.

The team has a number of players who would likely go to NHL camps once they receive official word.

Rielly will head to Leafs camp, while Ryan Nugent-Hopkins will of course return to the Edmonton Oilers.

Among the others: Subban and Dougie Hamilton to the Bruins; Mark Sheifele to the Winnipeg Jets; Jonathan Huberdeau to the Florida Panthers; Ryan Murphy to the Carolina Hurricanes; Scott Harrington to the Pittsburgh Penguins; and Griffin Reinhart and Ryan Strome to the New York Islanders.

TORSTAR NEWS SERVICE

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Miami	23	9	.719	—
d-New York	23	10	.697	1/2
Atlanta	20	12	.625	3
d-Indiana	20	14	.588	4
Chicago	18	13	.581	4 1/2
Brooklyn	19	15	.559	5
Milwaukee	16	16	.500	7
Boston	16	17	.485	7 1/2
Philadelphia	15	20	.429	9 1/2
Orlando	12	21	.364	11 1/2
Detroit	13	23	.361	12
Toronto	12	22	.353	12
Charlotte	9	24	.273	14 1/2
Cleveland	8	27	.229	16 1/2
Washington	4	28	.125	19

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	26	7	.788	—
d-L.A. Clippers	27	8	.771	—
d-San Antonio	27	9	.750	1/2
Memphis	21	10	.677	4
Golden State	22	11	.667	4
Houston	20	14	.588	6 1/2
Denver	20	16	.556	7 1/2
Portland	18	15	.545	8
Minnesota	15	15	.500	9 1/2
Utah	17	18	.486	10
L.A. Lakers	15	18	.455	11
Dallas	13	21	.382	13 1/2
Sacramento	13	21	.382	13 1/2
Phoenix	12	23	.343	15
New Orleans	8	25	.242	18

Sunday's results

Oklahoma City 104 Toronto 92
Charlotte 108 Detroit 101 (OT)
Denver 112 L.A. Lakers 105
Memphis 92 Phoenix 81
Miami 99 Washington 71

Saturday's results

Boston 89 Atlanta 81
Brooklyn 113 Sacramento 93
Denver 110 Utah 91
Houston 112 Cleveland 104
Indiana 95 Milwaukee 80
L.A. Clippers 115 Golden State 89
New Orleans 99 Dallas 96 (OT)
New York 114 Orlando 106
Portland 102 Minnesota 97
San Antonio 109 Philadelphia 86

Monday's games — All Times Eastern

Oklahoma City at Washington, 7 p.m.
Boston at New York, 7:30 p.m.
Cleveland at Chicago, 8 p.m.
San Antonio at New Orleans, 8 p.m.
Dallas at Utah, 9 p.m.
Orlando at Portland, 10 p.m.
Memphis at Sacramento, 10 p.m.

THUNDER 104, RAPTORS 92

OKLAHOMA CITY (104)

Durant 6-11 8-9 22, Ibaka 8-12 3-4 19, Perkins 2-4 0-0 4, Westbrook 8-17 6-6 23, Sefolosha 1-5 0-0 3, Martin 5-12 5-16, Collison 5-7 0-0 10, Thabeet 0-0 0-0 0, Jackson 3-7 0-0 7, Liggins 0-1 0-0 0, Maynor 0-1 0-0 0. Totals 38-77 22-104.

TORONTO (92)

Pietrus 1-4 0-0 3, Davis 2-7 0-0 4, Johnson 8-11 3-4 19, Calderon 4-8 1-1 10, DeRozan 4-16 3-4 11, Anderson 10-14 3-3 27, Fields 1-3 0-0 2, Ross 0-2 0-2 0, Lowry 3-8 2-3 10, Acy 1-1 4-4 6, Lucas 0-2 0-0 0. Totals 34-76 16-21 92.

Oklahoma City

Toronto 23 29 26 26—104
18 32 17 25—92

3-Point Goals—Oklahoma City 6-22 (Durant 2-5, Jackson 1-3, Westbrook 1-3, Sefolosha 1-5, Martin 1-6), Toronto 8-23 (Anderson 4-8, Lowry 2-4, Pietrus 1-4, Calderon 1-4, Ross 0-1, DeRozan 0-1, Lucas 0-1). Fouled Out—None. Rebounds—Oklahoma City 46 (Ibaka, Collison 8), Toronto 42 (Johnson 9). Assists—Oklahoma City 24 (Durant, Westbrook 7), Toronto 28 (Calderon 11). Total Fouls—Oklahoma City 20, Toronto 18. Technicals—Durant, Toronto Coach Casey, Lowry. A—17,634 (19,800) at Toronto.

SOCCER

ENGLAND

FA CUP

Third Round

Sunday's results

Swansea City 2 Arsenal 2
Mansfield Town 1 Liverpool 2

ITALY

SERIE A

Sunday's results

AC Milan 2 Siena 1
Chievo 1 Atalanta 0
Fiorentina 0 Pescara 2
Genoa 2 Bologna 0
Juventus 1 Sampdoria 2
Napoli 4 Roma 1
Parma 2 Palermo 1
Udinese 3 Inter Milan 0

SPAIN

PRIMERA

Sunday's results

Barcelona 4 Espanyol 0
Celta Vigo 3 Valladolid 1
Mallorca 1 Atletico Madrid 1
Real Madrid 4 Real Sociedad 3

NFL

Seahawks soar past wounded Washington

Robert Griffin III reached too far for the football, his already injured right leg twisting gruesomely behind him.

Just like that, Griffin was done. And so were the Washington Redskins.

The Seattle Seahawks finally won a road playoff game, snapping an eight-game post-season skid away from home with a 24-14 NFC wild-card victory on Sunday over the Redskins, who lost Griffin to another knee injury in the fourth quarter.

"I think I did put myself at more risk by being out there," Griffin said. "But every time you get on the field, you're putting yourself on the line."

Coach Mike Shanahan said Griffin was scheduled for an MRI to determine the extent of the injury.

Washington won seven straight games to win the NFC East title and become the only team in the last 16 years to make the playoffs after a 3-6 start.

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NFL

WILD-CARD PLAYOFFS

Sunday's results

AFC — Baltimore 24 Indianapolis 9
NFC — Seattle 24 Washington 14

Saturday's results

AFC — Houston 19 Cincinnati 13
NFC — Green Bay 24 Minnesota 10

DIVISIONAL PLAYOFFS

Saturday, Jan. 12 — All Times Eastern

AFC — Baltimore at Denver, 4:30 p.m.
NFC — Green Bay at San Francisco, 8 p.m.

Sunday, Jan. 13

NFC — Seattle at Atlanta, 1 p.m.
AFC — Houston at New England, 4:30 p.m.

CONFERENCE CHAMPIONSHIPS

Sunday, Jan. 20

AFC and NFC, TBA

SUPER BOWL

Sunday, Feb. 3 — At New Orleans, La.

AFC vs. NFC champions, 6 p.m.

HOCKEY

IIHF WORLD JUNIOR CHAMPIONSHIP

At Ufa, Russia

Saturday's results

GOLD MEDAL

U.S. 3 Sweden 1

Bronze medal

Russia 6 Canada 5 (OT)

Friday's result

FIFTH PLACE

Czech Republic 4 Switzerland 3

RECENT MEDALLISTS

The top three finishers in world junior hockey championships (in order of gold, silver and bronze):

2013 — U.S., Sweden, Russia
2012 — Sweden, Russia, Canada
2011 — Russia, Canada, U.S.
2010 — U.S., Canada, Sweden
2009 — Canada, Sweden, Russia
2008 — Canada, Sweden, Russia

FINAL SCORING LEADERS

	G	A	P
Nugent-Hopkins, Cda	4	11	15
Armia, Fin	6	6	12
Ma.Granlund, Fin	5	7	12
Teravainen, Fin	5	6	11
Gaudreau, U.S.	7	2	9
Dano, Svk	4	5	9
Trouba, U.S.	4	5	9
Huberdeau, Cda	3	6	9

Horoscopes

Aries

March 21 - April 20

Something will happen today that makes you very angry – and you have every right to be annoyed. It's good to let off steam once in a while, and the planets warn that this particular explosion is long overdue.

Taurus

April 21 - May 21

Success can be yours, but you must be positive. This is one of the best times of the year for getting yourself noticed, but it is more likely to happen if you put yourself in situations where you can be seen.

Gemini

May 22 - June 21

Your confidence is sky-high at the moment and long may it stay that way. However, today's Mars-Saturn link warns that excessive self-belief could have negative consequences. Try not to be too outrageous.

Cancer

June 22 - July 23

The current cosmic set-up makes it difficult to do anything out of the ordinary because you are afraid to draw attention to yourself. It is, however, a good time for planning. You've a whole year ahead of you.

Leo

July 24 - Aug. 23

The planets warn that a rival is looking for ways to bring you down and profit at your expense, so be careful. Just because you play by the rules does not mean you can take it for granted they do too.

Virgo

Aug. 24 - Sept. 23

You may have serious doubts about a project of some kind but you must not let them show because others are counting on you to lead the way. Is that a recipe for disaster? Maybe, but what choice do you have?

Libra

Sept. 24 - Oct. 23

Opportunity is knocking loud and clear and you must allow yourself to hear it. This is one of the best times of the year for furthering your ambitions, so get up, get out there and get great things done.

Scorpio

Oct. 24 - Nov. 22

Put your own needs first today and don't be afraid to do something that will give your rivals the ammunition they need to tell the world that you are selfish. Since when have you cared what other people think about you?

Sagittarius

Nov. 23 - Dec. 21

What you need to understand today is that, while words are important, it is how you deliver them that matters. Just because you have something nasty to say does not mean you have to say it in a nasty voice.

Capricorn

Dec. 22 - Jan. 20

Whatever your current worries may be they are of only minor importance. In fact, what happens over the next few days will make you realize that compared to most people you are actually very well off.

Aquarius

Jan. 21 - Feb. 19

If you think lucky and act lucky the chances are that you will be lucky in some way over the next 24 hours. It's not the world "out there" that matters but the world that exists inside your head.

Pisces

Feb. 20 - March 20

The planets urge you to put your ego to one side today and make your peace with a certain individual. The fact is you need them more than they need you, so it's good politics to kiss and make up.

SALLY BROMPTON

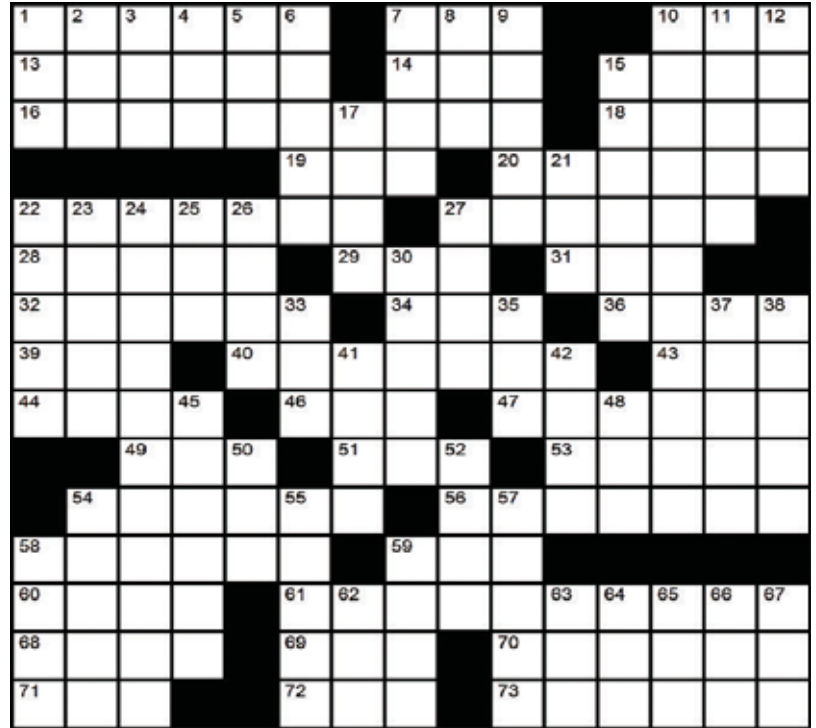
Crossword: Canada Across & Down

Across

- Vegas show, __: Still the One
- Smartphone add-on
- Ms. Messing, briefly
- Duck: French
- Kanga's sidekick
- "__-__-vroom!"
- Governor General of Canada's official residence: 2 wds.
- Facial scrub, St. __
- Place
- Brit singer Adele's surname
- The Scottish Play
- Stonehenge ritualists
- Hurt
- "__ you sure?"
- Clip-__ (Earrings)
- Potatoes au __
- Simon & Garfunkel's "I __ Rock"
- Dentyne, and others
- Mr. Beatty
- Northern Ontario hometown of the country star at #1-Across
- Ms. Saldana of "Avatar" (2009)
- Inquires
- "Sk8er __" by Avril Lavigne
- "The __ of Things"
- Drake's music
- Botanist Mr. Gray
- Leslie Nielsen's "___ Gun" comedies
- Mr. Pattinson
- The Hunger Games heroine
- Mr. Brosnan
- Ashlee to Jessica, for short
- The __ (U2 guitarist)
- Calgary-born actor Cory Monteith's role on "Glee": 2 wds.
- Casual tops
- Tokyo, once
- Christy Sheen's brother
- Flub up
- Uncooked
- Accept the ring: 2 wds.

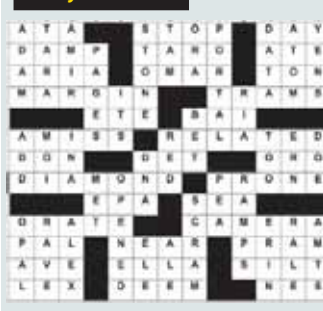
Down

- Comp. part
- Song from the musical South Pacific: "Bali __"
- Furthermore
- Scot's 'No'
- Lyricist Mr. Gershwin
- Pursuit of Happiness hit: "I'm an __ Now"
- "Quicker than __ of light..." - Madonna
- Parliament Hill fig.
- __ bear
- Host of #47-Across: 2 wds.
- Levels
- Paul McCartney's instrument
- L'Anse aux Meadows inhabitant
- "That's funny.": 2 wds.
- Couplet



- Carta
- Land units
- Nickelback frontman: 2 wds.
- Casino wager
- Modify
- Ms. Lovato
- Harold of "Ghostbusters" (1984)
- Calligrapher's prop
- Actress, __-Margret
- Social customs
- "Sowing the __ of Love" by Tears For Fears
- Castle defense
- Filmmaker, Gus Van __
- Buffalo players
- Hosiery hue
- Bench press muscle, briefly
- Similar
- "Easy __" (1969)
- Send to a specialist
- Fireplace leftovers
- Original Beatles drummer Mr. Best
- Winter fluff
- __ Red apple
- Ms. Thurman
- Don't hire a pro, e.g.
- Guileful
- Goose: French
- 7, 16 and 38, e.g.

Friday's Crossword

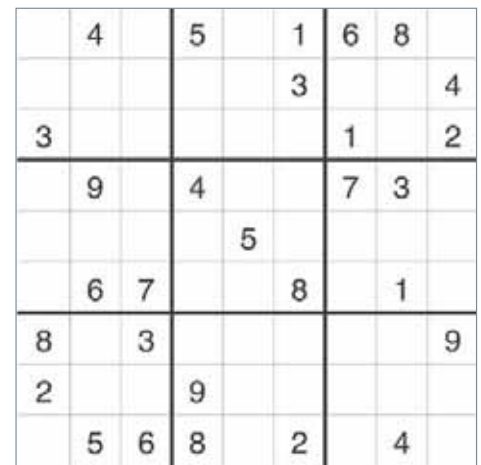


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY



MAX: -8°
MIN: -9°

TUESDAY



MAX: -4°
MIN: -12°

WEDNESDAY



MAX: -7°
MIN: -11°



MICHELE MCDUGALL
WEATHER SPECIALIST

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." WEEKDAYS 5:30 AM



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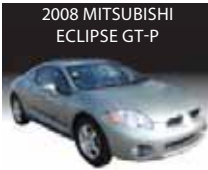
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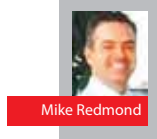
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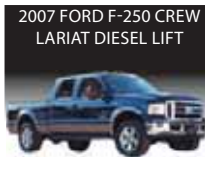
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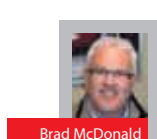
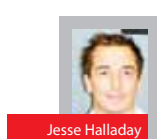
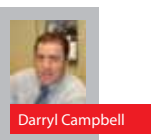
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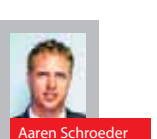


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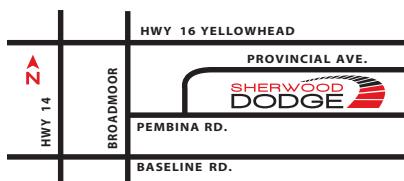
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